ORIENTEERING WORLD CUP

Orienteering
World Cup Final
Liestal/Basel
Switzerland • 3-5 October 2014

IOF World Cup Final

Switzerland

Liestal/Basel

03 - 05 October 2014

Bulletin 1 + 2

swiss orienteering

Co-sponsor: rivella

Main sponsor: ebl

Welcome to Switzerland!

Dear athletes, ladies and gentlemen

For the first time in the World Cup history we are organizing the final of a series of Sprint Relays in international orienteering. Even it's titled as the unofficial IOF Relay World Cup for this year, we hope to see a very exciting event in Basel and are looking forward to organize this special event.

After the relay, the athletes will run the last two international races of the year in and around Liestal. We hope, you will all enjoy the small old town centre with its famous "Törli", the town gate with a history that goes back to the 13th century.

You are warmly welcome to Switzerland!

Brigitte Grüniger Huber
Event Director World Cup Final

1. Organisation

Organizing Committee

Brigitte Grüniger Huber	Event Director
Urs Hofer	Technical Director
Nicolas Russi	Event Production
Daniel Leibundgut	Results, IT Services
Doris Grüniger	Administration
Martin Oppliger	Start
Markus Hitz	Finish, Arena, Infrastructure
Severin Furter	Media
Werner Holer	Sprint Relay

Event Advisors

Rimas Jovaisas	IOF Senior Event Advisor, LIT
Ulrich Aeschlimann	Swiss Orienteering Event Advisor, SUI

2. Event Centre

Map 1: Overview Event Centre and Airport Basel Mulhouse

The Event Centre is located in the City Centre of Liestal.

Hotel Engel
Kasernenstrasse 10
4410 Liestal
Switzerland

From Basel EuroAirport it takes about 25 min by car or 40 min by bus and train to Liestal.
From Zurich Airport it takes about 65 min by car or 80 min by train to Liestal.

As you don't need a car to come to the trainings / competition we recommend you to take the train from the airport (bus & train from Basel EuroAirport). All trainings and competitions can be reached by public transportation in 20-30 min or within walking distance from Event centre in Liestal.

3. Programme

Thursday, October 2, 2014

Free training	
Event Centre opens	10.00-18.00

Friday, October 3, 2014

Free training	
Event Centre opens	09.00-12.00
School-Kids meets World Champions	13:00-14:30
Unofficial Sprint-Relay World Cup Final	15:00-16:30
VIP-race	16:30-17:00
Prize giving ceremony Sprint Relay	17:00
Event Centre opens	17:00-18:30
Team Leader's meeting	18.30-19.00

Saturday, October 4, 2014

National public race	10.00-14.00
IOF World Cup Event 13 (middle distance)	12.00-16.30
- First Start approx.	12:00
- Last Start women	14:00
- Last Start men	14:30
- Price giving ceremony	15:30
- Press conference	15.45-16.15
Event Centre opens	18:00-19:00
Team Leader's meeting	19.00
Banquet Liestal	20.00-23.00

Sunday, October 5, 2014

National public race / Regional Team-O	09.30-13.00
IOF World Cup Final Event 14 (sprint distance)	13.15-15.30
- Presentation of world's best orienteers	13.15-13.25
- First Start women	13.30
- First Start men	14.35
- Price giving ceremony World Cup Final	15.45
- Press conference	16.00-16.30

4. Competitions

Unofficial World Cup Final - sprint relay (October 3)

Format	Sprint relay, teams of four (women – men – men - women), mass start, winning times 4x15', according to IOF rules.
Map	Neuewelt: Orienteering map (ISSOM 2007), 9/2014, scale 1:4'000, 2 m contours.

Terrain	A mix between park with small forest parts, football fields, playgrounds and a residential area. (see old map).
Forms	Mostly flat with some undulating hills.
Traffic	In most parts only pedestrians and spectators and in other areas there will only be local residents on the competition day.

IOF World Cup Event 13 - middle distance (October 4)

Format	Middle distance, individual start, winning times 35 min men and women.
Map	Galms: Orienteering map (ISOM 2000), 9/2014, scale 1:10'000, 5 m contours.
Terrain	Orienteering terrain between 300 and 500 m above sea level. Hills with moderate to steeper slopes. Rich vegetation and a dense road and path network. Finishing at the edge of the town of Liestal, short urban area near the finish. (see old map). Comparable terrain: Sissacher Fluh (training map).
Forms	Hills with moderate to steeper slopes.
Vegetation	Mixed forest with deciduous and coniferous trees. Rich ground vegetation, partially hard to pass.
Runability	Most parts fairly good to partially hindered.
Visibility	Good to moderate.
Roads	A lot of forest roads and hiking trails.
Pre start	Model map in prestart area.
Start	Max.8 km from Event Centre.
Finish	In Liestal.

IOF World Cup event 14 – World Cup Final - sprint distance (October 5)

Format	City sprint, individual start, winning times 13' men and women.
Map	Orienteering map (ISSOM 2007), 9/2014, scale 1:4'000, 2 m contours.
Terrain	Urban terrain with a mix of old town and residential areas (see old map).
Forms	Mostly flat city centre with slope towards south.
Traffic	Central Pedestrian area, in other parts there will only be local residents on the competition day, some cyclists and of course many spectators.
Prestart	Model map in prestart area.
Start/Finish	In walking distance from Event Center.

5. Courses (preliminary)

Unofficial IOF World Cup Final sprint relay (October 3)

4 legs 2.5 km, 40 m ↗, winning time per leg 15'

Course setter: Thomas Hohl

IOF World Cup event 13 middle distance (October 4)

Men 6.5 km, 200 m ↗, 1 ⚲, winning time 35'

Women 5.5 km, 170 m ↗, 1 ⚲, winning time 35'

Course setter: Sandro & Roman Brogli

IOF World Cup event 14 / World Cup Final sprint distance (October 5)

Men 3.0 km, 50 m ↗, winning time 13'

Women 2.5 km, 40 m ↗, winning time 13'

Course setter: André Wirz

6. Training

Middle distance: Sissacher Fluh, orienteering map 2014, 1:10'000, 5 m contours, 8 km from Event Centre.

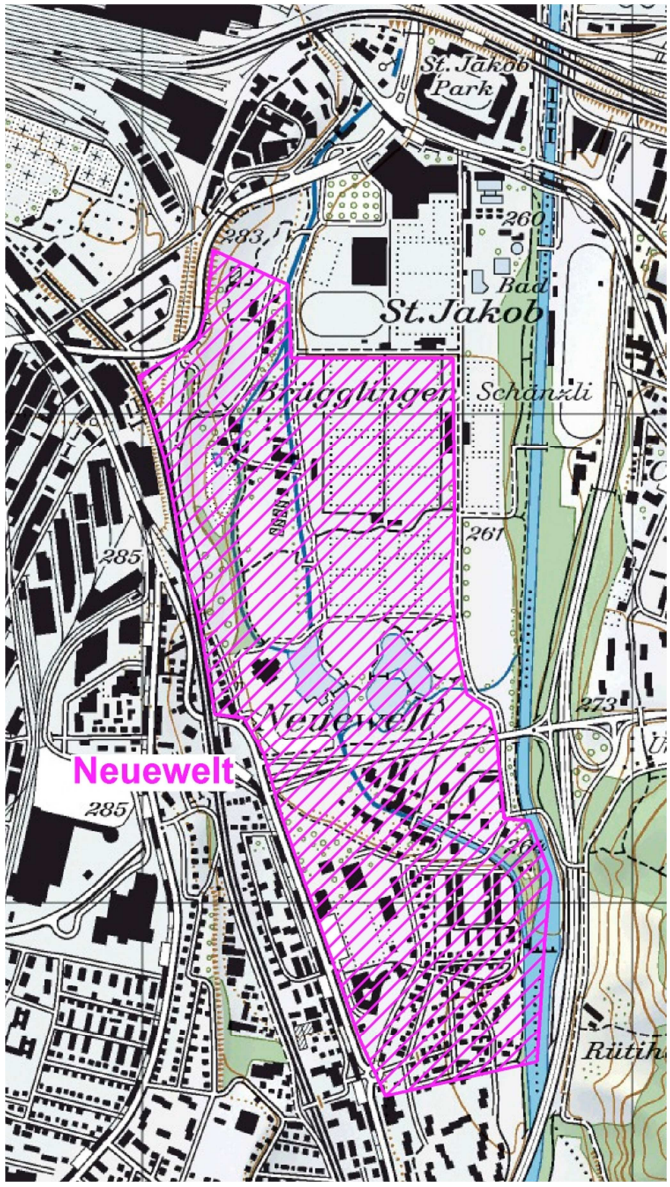
Sprint distances: Rheinfelden, orienteering map 2014, 1:4'000, 2.5 m contours, 17 km from Event Centre. No controls.

Maps will be given to all entered runners and coaches at the Event Centre.

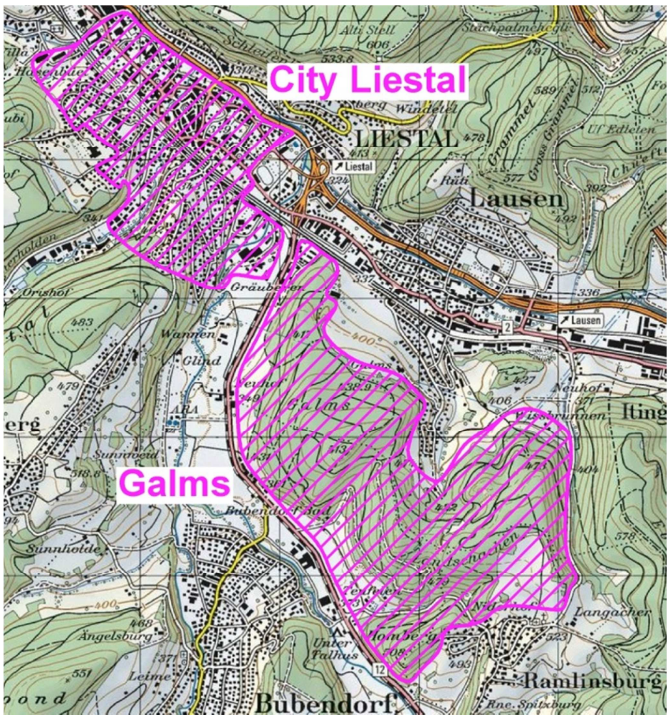
7. Embargoed Areas

The competition areas "Neuewelt" (Sprint Relay), "Galms" (Middle Distance) and "Liestal" (City Sprint) are embargoed areas (see map 2 and 3). For competitors, team officials and others who, through knowledge of the terrain, may influence the results of the competitions, it is prohibited to enter the embargoed areas. Please notice: the area for Sprint Relay is prohibited to enter; special rules are only valid in Liestal.

These embargoes are valid until the day prior to the competition. On the day of the competition there will be special rules covering the access of the competition area (to be published in Bulletin 4).



Map 2: Embargoed area "Neuewelt" (Sprint Relay)



Map 3: Embargoed areas „Galms“ and „ Liestal“

Special rules for the embargoed area Liestal:

- It is allowed to stay as a student, for business purposes or as a tourist, e.g. for sight-seeing, visiting a restaurant, shopping, participating in an indoor sport event.

- It is prohibited to stay there with a map, to run, to jog, to orienteer through the embargoed area or to test route choices.

- It is prohibited to take part in a running event through the embargoed area.

8. Competition Rules

The Competition Rules for IOF Foot Orienteering Events 2014, valid from 1 January 2014 apply.
Participation restrictions, classes and qualification system will follow the Special Rules for the 2014 World Cup in Orienteering.

9. Punching System

The punching system used is SPORTident.
Athletes may use their own SI-Cards.

10. Entry

Initial entry date:

The following information shall be sent to the organiser:

- Number of competitors (men and women)
- Number of team officials (men and women)
- Number of teams or single runners for the unofficial Sprint-Relay WC Final
- Number of banquet tickets
- Team manager: Name, address, phone, fax, e-mail

Please use online entry system on the website (available from March 2014).

Initial Entry Deadline: August 11th, 2014

Nominal entry date:

The nominal entry has then to be done no later than September 22nd, 2014 by sending the following information:

- All competitors and team officials: family name, first name, nation, sex, year of birth, IOF ranking ID, SI-Card no.
- IOF officials: family name, first name, address, IOF function.

Note, that nominal entries can only be accepted if an initial entry was sent by the national federation by 11th August!

Please use the official entry system on the website (available from March 2014).

Nominal Entry Deadline: September 22nd, 2014

Entry fees

Competitors	CHF	120.—
Team officials	CHF	60.—

This includes:

- Training maps, new competition maps.
- For competitors: Participation in IOF World Cup event 13 and IOF World Cup event 14 (if qualified) or entry in public race (National competition, middle distance, elite class).

Sprint Relay	CHF	70.—
Banquet	CHF	35.—

Free of charge offer

We will offer a special invitation and a free of charge entry to the individual Orienteering World Champions 2014 and to the 3 highest ranked male and female athletes in the IOF World Cup 2014 (after WOC 2014). Athletes will be contacted after WOC 2014.

Payment

Entry fees and banquet tickets must be paid by September 24th, 2014.

Please note that all bank charges must be paid by the applicant.

Payment Deadline for entry fees and banquet tickets: September 24th, 2014

Please note, that we will add a late payment fee of CHF 40.- per person for late payment! (As agreed with IOF and SEA)

Bank	PostFinance, Nordring 8
	CH-3003 Bern, Switzerland
Account Nr.	87-717328-8
IBAN	CH75 0900 0000 8771 7328 8
SWIFT Code	POFICHBEXXX
Clearing Nr.	09000
To the credit of	Swiss Cup, CH-8712 Stäfa

11. Accommodation

We have pre-booked all rooms of the Hotel Engel in Liestal which is also the Event Centre and other rooms in the Hotel Bienenberg which is reachable within 3.5 km from the event center. Please let us know as soon as possible if you wish to stay in one of the pre-booked places and tell us your room preferences (1 to 3 beds per room, CHF 50 to 85 per person including breakfast).

If you need any help, please don’t hesitate to contact the Event Secretariat.

12. Prize Money

Prize money will be awarded by the event organiser to the best relay teams and to the best men and women in both individual competitions.

Unofficial IOF World Cup Final Sprint Relay:

1st place (per team):	CHF	1000.—
2nd place (per team):	CHF	500.—
3rd place (per team):	CHF	250.—

A total prize fund of CHF 10,000.- will be awarded to the best men and women in the World Cup events 13 and 14:

IOF World Cup event 13 and 14:

1st place:	CHF	1000.—	4th place:	CHF	200.—
2nd place:	CHF	700.—	5th place:	CHF	150.—
3rd place:	CHF	350.—	6th place:	CHF	100.—

A total prize fund of EUR 8000.- will be awarded from the IOF to the best men and women in the World Cup overall ranking 2014:

IOF World Cup overall ranking 2014:

1st place:	EUR	1350.—	4th place:	EUR	450.—
2nd place:	EUR	1000.—	5th place:	EUR	300.—
3rd place:	EUR	700.—	6th place:	EUR	200.—

13. Clothing

According to the Swiss Orienteering Competition Rule (WO Art. 54(2)(c)) it is forbidden to run with spike shoes in Switzerland. However dobb spikes and normal orienteering shoes are allowed. Otherwise, there are no regulations on clothing, but it is recommended to cover arms and legs to avoid tick bites. Ticks might transmit Boreliosis and Meningo-Encephalitis.

14. Anti Doping

Doping is forbidden. “Think positive – test negative”!

IOF Anti-Doping Rules apply, valid as of February 1, 2010. The Swiss Orienteering Anti-Doping Rules are harmonised with the Anti-Doping Rules and procedures of the Swiss Olympic Association and apply as well.

Both, the IOF and/or the Swiss Olympic Association can order doping tests at any time during the stay of the participants of World Cup Final 2014 in Switzerland.

By their signature given at the event registration upon arrival, the athletes and coaches will accept that they are subject to sanctions in the event of any doping offence. Coaches will have to sign for the whole team.

15. Weather&Climate

Average temperatures Liestal in October; day 7-15° C; night 0-10° C.

16. Visa Permits

The prerequisite for immigration into Switzerland is a valid passport. For travellers from certain countries a visa or further documents are required.
Please check with your embassy if you need visa permits.

http://www.bfm.admin.ch/bfm/en/home/themen/einreise/merkblatt_einreise.html

17. Insurance

The organisers decline any liability that might occur through participation in IOF World Cup Events 13 and 14, Sprint Relay and trainings. Each person participates at their own risk and is responsible for their own insurance coverage (illness and accident).

18. Media Services

We welcome all media representatives as our partners to broadcast the thrilling events of World Cup Final 2014 to a broad public.

For media accreditation please contact Severin Furter:

media@o-worldcup.ch or the Event Secretariat.

19. Information

World Cup Final 2014
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www.o-worldcup.ch

Bulletin 3 will be published by August 19, 2014.

Final details will be released in Bulletin 4 upon arrival at the Event Centre in Liestal and on the homepage on October 2, 2014.

See you soon!

The Organising Committee and Swiss Orienteering are pleased to welcome all orienteering friends to another spectacular orienteering event in Switzerland!

© Pictures by Severin Furter and Remy Steinegger