



IOF World Cup Finals: Friday 29 September 2017 (Long distance), Saturday 30 September 2017 (Middle distance) and Sunday 1 October 2017 (Sprint Relay)

The marked competition areas around Grindelwald are embargoed areas. For competitors, team officials and others who, through knowledge of the terrain or the competitions, may influence the results of the competitions, it is prohibited to enter the embargoed areas.

Special rule for the stay in Grindelwald (village, specially marked on the map) during the following periods: Tuesday, 11 October 2016 – Wednesday, 12 October 2016 and Saturday, 23 September 2017 – Sunday, 1 October 2017

- It is allowed to stay as a tourist, e.g. for sight-seeing, visiting a restaurant, shopping in the village of Grindelwald.
- It is prohibited to stay there with a map, to run, to jog, to orienteer through the embargoed area or to test route choices.

These embargoed areas are valid from 30 June 2016 until the day prior to the competition. Special rules by the organizer will be valid at the day of competition (see Bulletin 4).