



## Welcome to Switzerland!



Dear Athletes, ladies and gentlemen

IOF World Cup Final and PostFinance Sprint 2007 – World Class Orienteering will take place in [Stein am Rhein](#), the picturesque old town at the Rhine river which is celebrating its 1'000 years of existence. We are honoured to host the world orienteering elite for two exciting competitions: a middle distance race in physically demanding terrain and a spectacular city sprint race. It will be a cosy event with all venues within walking distance.

We are looking forward to welcome the world orienteering elite and the media representatives in Switzerland and hope you will enjoy your stay in Stein am Rhein.

Beat Fischer  
President Swiss Orienteering Federation SOLV

## 1. Organisation

### Organising Committee

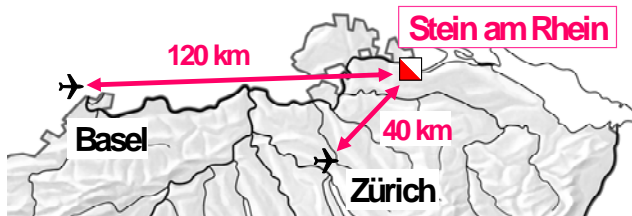
Sönke Bandixen	Event Director
Brigitte Grüniger	Event Director Deputy
Daniel Leibundgut	Results, IT services
Urs Bischof	Arena, infrastructure
Hansueli Steinmann	Maps, courses
Nic Russi	Event production
Brigitte Wolf	Media services
Marianne Bandixen	Secretariat

### Event Advisors

Vincent Frey	Senior IOF Event Advisor
Stefan Schlatter	SOLV Event Advisor

## 2. Event Centre

The Event Centre is located in Stein am Rhein. There are hourly trains to/from Zurich throughout the whole day.



Map 1: Overview northern part of Switzerland

## 3. Programme

### Thursday, October 4, 2007

Free training middle distance

### Friday, October 5, 2007

Event Centre open	09.00-18.00
Free training middle distance	
“Youngsters meet World Champions”: public orienteering training for kids	16.00-18.00

### Saturday, October 6, 2007

Event Centre open	09.00-10.00
IOF World Cup race middle distance	14.00-18.00
- Presentation of world's best orienteers	14.00-14.10
- Start men	14.00
- Start women	15.00
- Price giving ceremony	17.30
- Media conference	17.45
Banquet	19.00-24.00

### Sunday, October 7, 2007

Event Centre open	09.00-10.00
National public race incl. World Cup B-finals	09.00-14.00
IOF World Cup race, PostFinance Sprint	14.00-17.00
- Presentation of world's best orienteers	14.00-14.10
- Start men	14.15
- Start women	15.15
- Price giving ceremonies	16.15
- Media conference	16.45
Farewell reception	17.00



Map 2: City of Stein am Rhein

## 4. Competitions

### IOF World Cup race middle distance (Oct 6)

Format	Middle distance, individual start, winning times 45' men and women.
Map	Six-coloured orienteering map (ISOM 2000), 8/2007, scale 1:15'000, vertical contour interval 5 m.
Terrain	Hohenklingen: has never been mapped and used for orienteering before, Swiss continental terrain, between 450 and 630 m above sea level, comparable to Eschenberg (WOC 03, long distance final, northern part).
Forms	Various slopes, moderately hilly, few contour features.
Vegetation	Mixed forest of pine and beech-tree.
Runability	Fairly good to very good.
Visibility	Fairly good to very good.
Roads	Many forest roads, some trails.
Courses	The last part (15%) of the courses: through urban area and parks, on city streets.
Prestart	Model map in prestart area.
Start	4 km from Event Centre, scheduled bus transportation for athletes and team officials.
Finish	Arena, 200 m from Event Centre.

### IOF World Cup race sprint – PostFinance Sprint (Oct 7)

Format	City sprint, individual start, winning times 12' men and women.
Map	Six-coloured new orienteering map (ISSOM 2007), 8/2007, scale 1:4'000, vertical contour interval 5 m.
Terrain	Stein am Rhein: has never been mapped and used for orienteering before, urban city with historic old town and suburbs, city park, between 400 and 420 m above sea level, comparable to Rapperswil (WOC 03, sprint final).
Forms	Mainly flat, Rhine river crossing the city (one main bridge).

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Traffic Extended pedestrian area, little motorised traffic, few traffic roads (with controlled crossovers), some bikers, many spectators.  
 Prestart Model map in prestart area.  
 Start/Finish Arena, 200 m from Event Centre.

**IOF World Cup race B-Final (Oct 7)**

Participants All accredited athletes who are not qualified for the PostFinance Sprint (Oct 7) may participate.  
 Format Long distance, individual start, winning times: men 95', women 75', the race is included in the national public competition.  
 Map/terrain Hohenklingen.  
 Prestart Model map in prestart area.  
 Start 1.2 km from Event Centre (no transportation).  
 Finish 1.0 km from Event Centre (no transportation).

**5. Courses (preliminary)**

**IOF World Cup race middle distance (Oct 6)**

Men 7 km, 350 m ↗, 1 ♀, winning time 45'  
 Women 6 km, 250 m ↗, 1 ♀, winning time 45'

**IOF World Cup race sprint – PostFinance Sprint (Oct 7)**

Men 3.0 km, 50 m ↗, winning time 12'  
 Women 2.5 km, 50 m ↗, winning time 12'

**IOF World Cup race B-Final (Oct 7)**

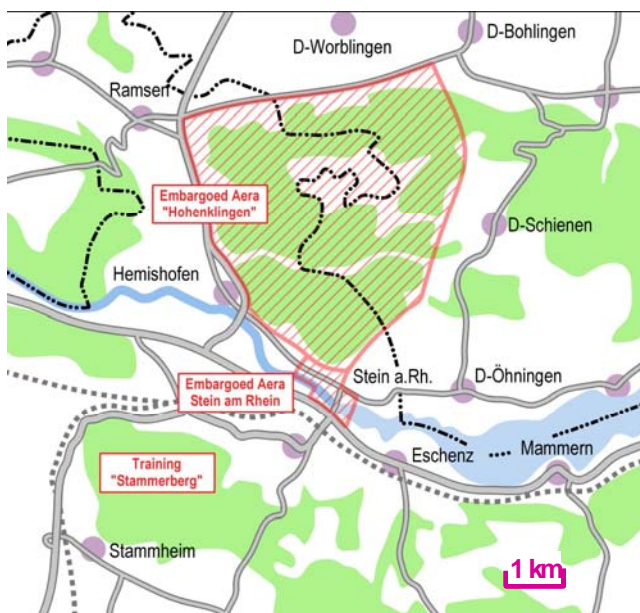
Men 16 km, 600 m ↗, 3 ♀, winning time 95'  
 Women 11 km, 400 m ↗, 2 ♀, winning time 75'

**6. Training**

Free training: "Stammerberg", O map 2003, 1:15'000, 5 m contours, 3 km from Event Centre, relevant to the terrain of the middle distance race, maps are available at the Event Centre.

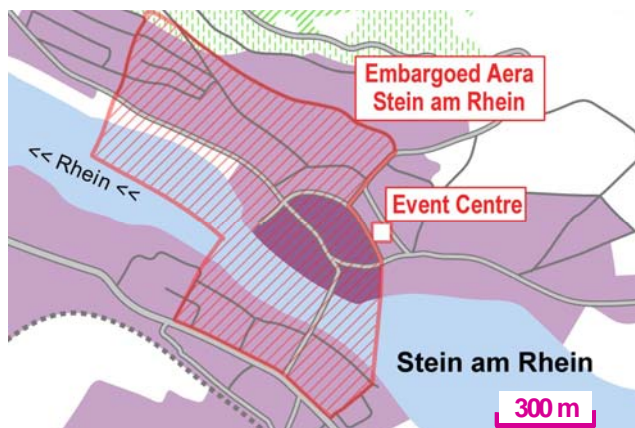
**7. Embargoed Areas**

The competition areas "Hohenklingen" (middle distance) and "Stein am Rhein" (sprint) are embargoed areas. For competitors, team officials and others who, through the knowledge of the terrain, may influence the results of the competitions, it is prohibited to enter the embargoed areas.



Map 3: Competitions and training areas.

Special rule for embargoed area "Stein am Rhein":  
 - It is allowed: to stay, to live, to shop, to work as a resident, student, worker or as a tourist.  
 - It is prohibited: to run/jog/orienteer through the city, to test route choices.  
 - On the race day after 10:00 hrs.: it is prohibited to enter the embargoed area.



Map 4: Embargoed area Stein am Rhein

**8. Competition Rules**

The [Competition Rules](#) for IOF Foot Orienteering Events, valid as of January 1, 2007 apply.

Participation restrictions, classes and qualification mode according to the [Special Rules](#) for the 2007 World Cup in Orienteering, dated December 14, 2006.

**9. Punching System**

The punching system used is SPORTident. Athletes may use their own SI-Cards.

**10. Entry**

**Initial entry**

The following information shall be sent to the organiser:  
 - Number of competitors (men and women)  
 - Number of team officials (men and women), max. 4 pers.  
 - Number of banquet tickets  
 - Team manager: Name, address, phone, fax, e-mail  
 Please use the official [Entry Form](#).

**Deadline: June 18, 2007**

**Nominal entry**

The following information shall be sent to the organiser:  
 - All competitors and team officials: family name, first name, nation, sex, year of birth, IOF ranking ID, SI-Card no.  
 - IOF officials: family name, first name, address, IOF function.  
 Please use the official [Entry Form](#).

**Deadline: September 3, 2007**

**Entry fees**

Competitors	CHF 80.—
Team officials	CHF 40.—

This includes:

- Start and result lists
- Training maps, new competition maps
- Free parking at the competition arenas
- For competitors: Participation in two IOF World Cup races, showers at the competition arenas
- For team officials: transport to/from prestart area (Oct 6)
- For IOF officials: invitation to the guest hospitality program

Banquet	CHF 50.—
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### Free of charge offer

to the individual Orienteering World Champions 2007 and to the two leading athletes of IOF World Cup 2007 (Sep 07):

- Participations: "Youngsters meet World Champions", 2 IOF World Cup races, VIP hospitality program, banquet.
- Hotel: 2 nights, half-board.

### Payment

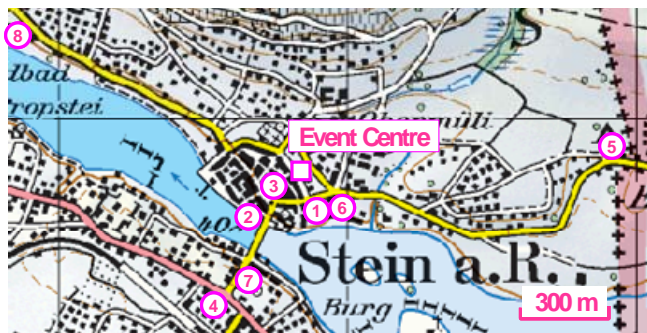
Entry fees and banquet. Please note that it is the applicants' duty to add possible bank charges to the payments. Thanks.

**Payment Deadline for full amount: July 18, 2007**

Bank	PostFinance, Nordring 8 CH-3003 Bern, Switzerland
Account Nr.	87-717328-8
IBAN	CH75 0900 0000 8771 7328 8
SWIFT Code	POFICHBEXXX
Clearing Nr.	09000
To the credit of	Swiss Cup, CH-8620 Wetzikon

### 11. Accommodation

There is a wide range from hotels to low cost accommodation available in Stein am Rhein. Please book accommodation directly. We recommend:



Map 5: Recommended accommodation in Stein am Rhein

Nr	Hotel	Price <sup>1</sup>	Beds	Embarg. <sup>2</sup>
1	<a href="#">Chlosterhof</a> ****	120-250	140	
2	<a href="#">Rheinfels</a> ***	90-100	40	x
3	<a href="#">Adler</a> ***	80-90	24	x
4	<a href="#">Rosenberg</a> (Adler)***	60-80	22	
5	<a href="#">Grenzstein</a> **	50-60	55	
6	<a href="#">Mühletal</a>	45-55	34	
7	<a href="#">Schwanen</a> (4-10 p./room)	35-40	50	x
8	<a href="#">Youth hostel</a> (6 p./room)	30-40	92	

1) CHF approx. per person per night incl. breakfast in double room

2) Located within the embargoed area "Stein am Rhein"

If you need assistance please contact Event Secretariat.

### 12. Price Money

A total prize money of CHF 21'000.— will be awarded to the best men and women in three competitions:

#### IOF World Cup race middle distance (Oct 6)

1 <sup>st</sup> place: CHF 700.—	4 <sup>th</sup> place: CHF 200.—
2 <sup>nd</sup> place: CHF 500.—	5 <sup>th</sup> place: CHF 150.—
3 <sup>rd</sup> place: CHF 300.—	6 <sup>th</sup> place: CHF 100.—

#### IOF World Cup race sprint – PostFinance Sprint (Oct 7)

1 <sup>st</sup> place: CHF 1'000.—	4 <sup>th</sup> place: CHF 300.—
2 <sup>nd</sup> place: CHF 750.—	5 <sup>th</sup> place: CHF 200.—
3 <sup>rd</sup> place: CHF 500.—	6 <sup>th</sup> place: CHF 100.—

#### IOF World Cup overall ranking 2007 (Oct 7)

1 <sup>st</sup> place: EUR 1'200.—	4 <sup>th</sup> place: EUR 400.—
2 <sup>nd</sup> place: EUR 800.—	5 <sup>th</sup> place: EUR 300.—
3 <sup>rd</sup> place: EUR 600.—	6 <sup>th</sup> place: EUR 200.—

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### 13. Clothing

According to the SOLV Competition Rule 185a it is forbidden to run with spike shoes in Switzerland. However dobb spikes and common orienteering shoes are allowed. Otherwise, there are no regulations on clothing, but it is recommended to cover arms and legs to avoid tick bites. Ticks might transmit Boreliosis and Meningo-Encephalitis.

### 14. Anti Doping

Doping is forbidden. "think positive – test negative".

[IOF Anti-Doping Rules 2007](#) apply, valid as of January 1, 2007. The SOLV Anti-Doping Rules are harmonised with the Anti-Doping Rules and procedures of Swiss Olympic Association and apply as well.

Both, the IOF and/or the Swiss Olympic Association can order doping tests at any time during the stay of the participants of PostFinance Sprint 2007 in Switzerland.

By signature (upon arrival) the athletes accept that they are subject to sanctions in the event of any doping offence.

### 15. Weather and Climate

Stein am Rhein is enjoying a mild and rather dry climate in October. Average temperatures: day 18° C, night 13° C.

### 16. Visa Permits

The prerequisite for immigration into Switzerland is a valid passport. For immigrants from certain [countries](#) visa or further documents are required.

### 17. Insurance

The organisers decline any liability that might occur through participation in IOF World Cup races and Post Finance Sprint 2007. Each person participating is responsible for his/her own insurance coverage (illness and accident).

### 18. Media Services

We welcome all media representatives as our partners to bring out the thrilling events of PostFinance Sprint 2007 to a broad public.

The Media Centre is in the Windler Hall in Stein am Rhein (100m from Event Centre, 50m from arena, see map 2).

For media accreditation please contact:

Brigitte Wolf, Media Director PostFinance Sprint

Tel +41 27 927 1433

Fax +41 27 927 1433

[media@postfinancesprint.ch](mailto:media@postfinancesprint.ch)

### 19. Information

PostFinance Sprint

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[www.postfinancesprint.ch](http://www.postfinancesprint.ch)

Final details will be released in Bulletin 4 upon arrival in the Event Centre Stein am Rhein.

Attachment: Map of terrain Hohenklingen

**Attachment**

Terrain Hohenklingen, 1:25'000, 10 m ↗



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Schweizerischer Orientierungslauf-Verband  
Fédération suisse de course d'orientation  
Federazione svizzera di corsa d'orientamento  
Swiss orienteering federation