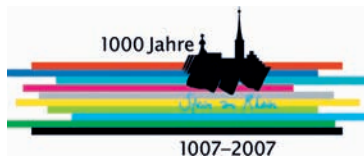


IOF World Cup Final 2007 Switzerland

October 6 - 7 · Stein am Rhein

Bulletin 4

PostFinance
sprint / WORLD CLASS
ORIENTEERING



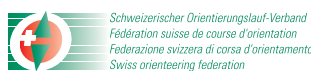
AMMANN

SWISSLOS
+ **SPORT-TOTO**



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PostFinance
SWISS POST



Welcome to Switzerland!

Dear athletes, ladies and gentlemen

IOF World Cup Final and PostFinance Sprint 2007 will take place in Stein am Rhein, the picturesque old town at the Rhine River which is celebrating its 1'000 years of existence. We are honoured and pleased to host 120 athletes, team officials and media representatives from 20 nations for the final world cup races in 2007. We hope you will enjoy your stay in Stein am Rhein. See you soon.



Marcel Schiess
President Swiss Orienteering Federation SOLV

1. Organisation

Organising Committee

Sönke Bandixen	Event Director
Brigitte Grüniger	Event Director 2008/09
Daniel Leibundgut	Results, IT services
Urs Bischof	Arena, infrastructure
Hansueli Steinmann	Maps, courses
Nic Russi	Event production
Brigitte Wolf	Media services
Dr. Reto Winkler	Medical services
Marianne Bandixen	Secretariat

Event Advisors

Vincent Frey	IOF Senior Event Advisor
Stefan Schlatter	SOLV Event Advisor

2. Event Centre

The Event Centre (EC) is located in the school Schanz in Stein am Rhein (see map 2). The official parking is in the parking garage of shopping centre "Migros" (subject to fees until Saturday, free of charge on Sunday).



Map 1: Overview northern part of Switzerland

Check in

Bulletin 4 is available for pick up at EC.

3. Programme

Friday, October 5, 2007

EC open: check in teams	09.00-18.00
Deadline for changes of athletes names (EC)	12.00
Start lists middle distance race (EC)	14.00
"Youngsters meet World Champions"	16.00-18.30

Saturday, October 6, 2007

EC open	09.00-10.00
IOF World Cup race middle distance	14.00-17.00
- Presentation of world's best athletes	14.10-14.20
- Start women	14.00
- Start men	14.20
- Price giving ceremony: women, men	17.00
- Media conference (Media Centre)	17.30
- Deadline for changes of athletes (MC)	17.30
Banquet	18.45-24.00
- Reception, aperitif (Media Centre)	18.45
- Dinner (Hotel Rheinfels)	19.30
- Start lists, bibs sprint race (Hotel Rheinfels)	20.00

Sunday, October 7, 2007

EC open	09.00-10.00
World Cup B-Final	10.00-12.00
- Start B-Final men and women	10.00
IOF World Cup race, PostFinance Sprint	14.00-17.00
- Presentation of world's best athletes	14.00-14.10
- Start A-Final men	14.15
- End of race men	15.10
- Start A-Final women	15.20
- End of race women	16.15
- Price giving ceremonies: men, women, total	16.25
- Media conference (Media Centre)	17.00
Farewell reception (VIP area, Arena)	17.00



Map 2: City of Stein am Rhein

4. Entries

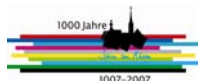
Nation	Women	Men	Total
AUT	2	3	5
BEL	1	2	3
CZE	3	2	5
DEN	2	3	5
ESP	2	3	5
EST	2		2
FIN	7	6	13
FRA	1	4	5
GER	1		1
GBR	2	5	7
ITA		1	1
JAP	1	1	2
LAT		1	1
LTU	1		1
NED		1	1
NOR	3	3	6
ROM	1		1
SUI	10	10	20
SWE	5	6	11
USA	2	1	3
Total	46	52	98

5. Competitions

IOF World Cup race 9 (Oct 6)

Format	Middle distance race, individual start, 2' interval.
Mode	A-Final race for men and women.
Map	IOF standard map (ISOM 2000), 9/2007, 1:15'000, 5 m contour interval.

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Terrain Hohenklingen: Swiss continental terrain, 400-630 m above sea level, many forest roads, some trails. Comparable to Eschenberg (WOC 03, long distance final).

Forms Various slopes, moderately hilly, few contour features.

Vegetation Mixed forest of pine and beech-tree.

Runability Fairly good to very good.

Visibility Fairly good to very good.

Transport Mandatory bus (9 seats) transportation to pre start: 10' ride time, 5' from bus stop to pre start.
 First bus service 13.00 hrs
 Schedule every 10'
 Last bus service 15.30 hrs

Pre start Model map, possibility to pitch team tents.

Start Call up at -3'.

Courses The last part (15%) of the courses: through urban area and parks, on city streets.

Finish Arena, 200 m from EC.

Planners Urs Steiner, Mario Meier.

Men 8'900 m, 340 m ↗, 23 controls, 1 ♀ after 25', winning time 45', max. competition time 90'.

Women 7'300 m, 260 m ↗, 20 controls, 1 ♀ after 20', winning time 44', max. competition time 90'.

Finish 1.0 km, 0 m ↗ to EC, no transportation.

Planners Mario Meier, Urs Steiner.

Men 7'400 m, 340 m ↗, 14 controls, 1 ♀ after 25', winning time 46', max. competition time 150'.

Women 6'400 m, 200 m ↗, 13 controls, 1 ♀ after 25', winning time 42', max. competition time 150'.

6. Training

Training maps are available at EC:
 "Stammerberg": O map 2003, 1:15'000, 5 m, 3 km from EC.
 "Hemishofen": O map 2007, 1:15'000, 5 m, 4 km from EC.

7. Embargoed Areas

The competition areas "Hohenklingen" (middle distance) and "Stein am Rhein" (sprint) are embargoed areas. For competitors, team officials and others who, through the knowledge of the terrain, may influence the results of the competitions, it is prohibited to enter the embargoed areas.

IOF World Cup race 10 – PostFinance Sprint (Oct 7)

Format City sprint race, individual start, 1' interval.

Mode 40 athletes (men/women): Rank 1-6 of race 9 plus the best-ranked of WC overall ranking after race 9, as long as they have WC points.

Map IOF standard map (ISSOM 2007), 9/2007, 1:4'000, 2m contour interval.

Terrain Urban city with historic old town and suburbs, city park, 400 - 420 m above sea level, comparable to Rapperswil (WOC 03, sprint).

Forms Mainly flat, Rhine River crossing the city (one main bridge), castle hill.

Traffic Extended pedestrian area, very little motorised traffic, few traffic roads (controlled crossovers), some bikers, many spectators.

Pre start 200 m from EC, do not leave pre start area (indicated on model map), call up at -3'.

Start/Finish Arena, 200 m from EC.

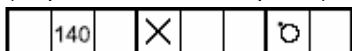
Map change during the race for men and women.

Planners Christoph Frei, Hansruedi Kohler, Hansueli Steinmann.

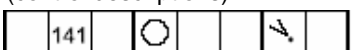
Men 2'900 m, 55 m ↗, 25 controls, 0 ♀, winning time 13', max. competition time 30'.

Women 2'600 m, 45 m ↗, 22 controls, 0 ♀, winning time 13', max. competition time 30'.

Special objects Control 140 and 141 are on the men's and on the women's course:
 Control 140 is an advertising object: black cross (map and control descriptions).



Control 141 is an old boat filled with flowers: area with forbidden access (map), circle (control descriptions).



IOF World Cup race B-Final (Oct 7)

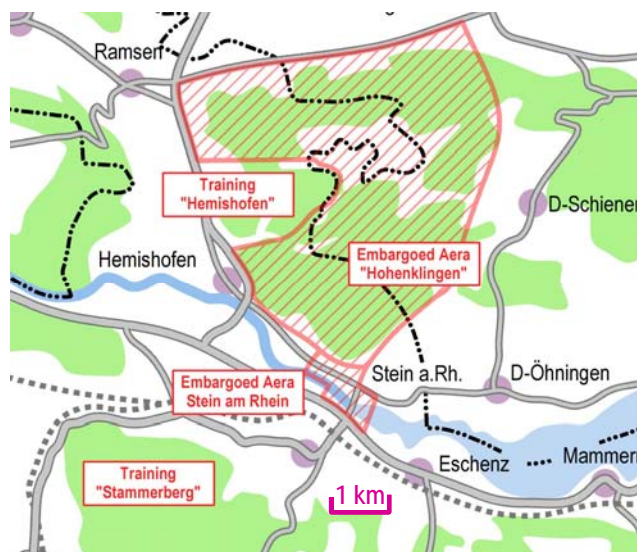
Format Middle distance, individual start, 2' interval, the race is included in the national public competition.

Mode All accredited athletes who are not qualified for the WC 10 race (Oct 7) are qualified.

Map/terrain Hohenklingen.

Pre start 1.5 km, 170 m ↗ from EC, no transportation, model map in pre start area.

Start Call up at -3'.



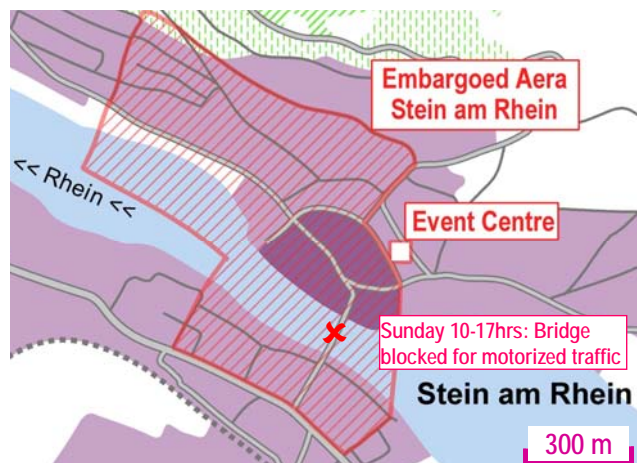
Map 3: Competitions and training areas.

Special rule for embargoed area "Stein am Rhein"

- It is allowed: to stay, to live, to shop, to work as a resident, student or as a tourist.
- It is prohibited: to run/jog/orienteer through the city, to test route choices.

Race day Sunday 10-17 hrs:

- it is prohibited to stay in the embargoed area.
- it is allowed to drive through the embargoed area in cars on main traffic roads in order to reach EC.
- **Note: The bridge is blocked for motorized traffic**



Map 4: Embargoed area Stein am Rhein

8. Competition Rules

The Competition Rules for IOF Foot Orienteering Events as well as World Cup 2007 Special Rules apply.

Clothing

It is forbidden to run with spike shoes in Switzerland (SOLV Competition Rule 185a). However dobb spikes (common orienteering shoes) are allowed. It is recommended to cover arms and legs to avoid tick bites. Ticks might transmit Boreliosis and Meningo-Encephalitis.

Following

The organisers are committed to ensure Following-free results and therefore will keep a special eye on the observation of IOF rule 26.2 ("In an individual interval start race, competitors shall navigate and run through the terrain independently"). The organizers disclose hereby how they interpret (measure) the breach of above-mentioned rule: If an athlete punches 3 consecutive controls on his/her course all within 10 seconds behind the same competitor, this athlete is suspected of committing Following and may be disqualified.

Complaints

Complaints must be handed over in writing to an event official in the VIP tent in the Arena not later than 15 minutes after the official results have been disclosed.

Jury

André Schöpfer SUI
David May GBR
tba

9. Special Competition Instructions

Punching and time keeping system

The punching system used is SPORTident. Athletes have to use the SI-cards (number) indicated on the start lists. The race times are measured by the punching of the control units (start and finish) through the athletes themselves.

Number bibs

Athletes have to wear the official number bibs. Distribution: EC (with start list) and pre start area of the races.

Pre start area

Toilets, cloths deposits (transportation to finish area), number bibs (if not collected earlier at EC).

Finish area

Athletes have to punch the finish control on stage. Please be ready for life TV-interviews right on stage.

Coaching zones

There are no coaching zones at any race.

Showers

And wardrobes for all races at EC.

Sprint race (Oct 7)

All athletes and team officials: have to be in the indicated pre start area (incl. EC) not later than 14 hrs.
Athletes, between 10 am - start time: Are not allowed to leave the pre start area. After the finish of their race they are not allowed to leave the indicated after finish area until the end of the entire race.
Team officials, between 10 am - end of race: Once a team official has left the pre start area (to after finish area) he/she is not allowed to re-enter the pre start area anymore until the end of the entire race.

Price giving ceremonies and media conferences

Athletes ranking 1-6 are kindly requested to line up behind the stage 5 minutes prior the price giving ceremonies.

Athletes ranking 1-3 are kindly requested to participate in the media conferences after the races in the media centre.

General

All other competition procedures at pre start, start and finish areas are standard for international elite orienteering events.

10. Price Money

A total prize money of EUR 13'000.— will be awarded:

IOF World Cup middle distance race (Oct 6)

1 st place: EUR 500.—	4 th place: EUR 150.—
2 nd place: EUR 300.—	5 th place: EUR 125.—
3 rd place: EUR 200.—	6 th place: EUR 100.—

IOF World Cup sprint race – PostFinance Sprint (Oct 7)

1 st place: EUR 600.—	4 th place: EUR 200.—
2 nd place: EUR 400.—	5 th place: EUR 150.—
3 rd place: EUR 300.—	6 th place: EUR 100.—

IOF World Cup 2007 overall ranking (Oct 7)

1 st place: EUR 1'200.—	4 th place: EUR 400.—
2 nd place: EUR 800.—	5 th place: EUR 300.—
3 rd place: EUR 600.—	6 th place: EUR 200.—

11. Anti Doping

Doping is forbidden. "think positive – test negative".

IOF Anti-Doping Rules 2007 apply, valid as of January 1, 2007. The SOLV Anti-Doping Rules are harmonised with the IOF Anti-Doping Rules and the procedures of Swiss Olympic Association and apply as well.

Both, the IOF and/or the Swiss Olympic Association can order doping tests at any time during the stay of the participants of PostFinance Sprint 2007 in Switzerland.

12. Weather and Climate

Stein am Rhein is enjoying a mild and rather dry climate in October. Proposed temperatures: day 18° C, night 10° C.

13. Insurance

The organisers decline any liability that might occur through participation in IOF World Cup races and Post Finance Sprint 2007. Each person participating is responsible for his/her own insurance coverage (illness and accident).

14. Media Services

The Media Centre is located in the Windler Hall in Stein am Rhein (see map 2).

For media accreditations please contact:
Brigitte Wolf, Media Director PostFinance Sprint
Mob +41 79 456 9554
media@postfinancesprint.ch

15. Information

PostFinance Sprint Secretariat
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Mob +41 79 695 9188
info@postfinancesprint.ch
www.postfinancesprint.ch



Good luck and lot's of success!

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