

IOF World Cup Final Switzerland

PostFinance
sprint | WORLD CLASS
ORIENTEERING

4 - 5 October 2008, Zurich



SW/SS
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Bulletin 1 + 2



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Welcome to Switzerland!

Dear athletes, ladies and gentlemen

In 2008 the IOF World Cup Final is co-located for the second consecutive time with the PostFinance Sprint – World Class Orienteering. We are honoured to host the world orienteering elite for two exciting competitions in Zurich: first for a middle distance race in a typically Swiss midland terrain and then for a spectacular park sprint race in the campus of the University of Zurich.

We are looking forward to welcome the world orienteering elite and the media representatives in Switzerland and hope you will enjoy your stay in Zurich.



Marcel Schiess
President Swiss Orienteering



1. Organisation

Organising Committee

Brigitte Grüniger	Event Director + Secretariat
Daniel Leibundgut	Results, IT services
Urs Bischof	Arena, infrastructure
Hansueli Steinmann	Maps, courses
Nic Russi	Event production
Brigitte Wolf	Media services

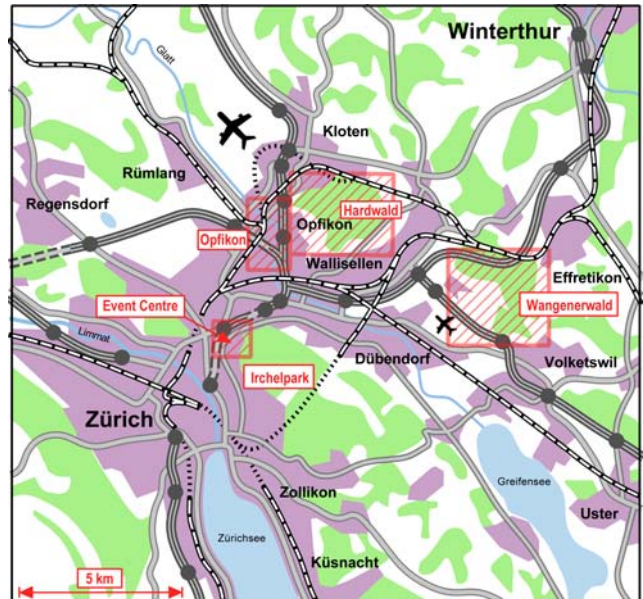
Event Advisors

Carl Johan Clemmensen	Senior IOF Event Advisor, DEN
Konrad Becker	SOLV Event Advisor, SUI

2. Event Centre



The Event Centre is located at the University Campus "Irchel" in Zurich, 6 km from the Airport Zurich.



Map 1: Overview

3. Programme

Thursday, October 2, 2008

Free training	
Event Centre open	13.00-18.00

Friday, October 3, 2008

Free training	
Event Centre open	09.00-18.00
Teamleader-meeting	20.30-21.00

Saturday, October 4, 2008

Event Centre open	09.00-10.00
IOF World Cup race middle distance	14.00-18.00
- Start men	14.00
- Start women	15.00
- Price giving ceremony	17.30
- Open public race	17.30-19.00
- Youngsters meet World Champions	17.45
- Media conference	18.00
Banquet	20.00-24.00

Sunday, October 5, 2008

Event Centre open	09.00-10.00
Public race "Zürcher Mannschafts-OL"	09.00-13.00
IOF World Cup race, PostFinance Sprint	13.00-17.00
- Presentation of world's best orienteers	13.00-13.10
- Start men	13.15
- Start women	14.25
- Price giving ceremonies PostFinance Sprint & World Cup overall	15.25
- Media conference	15.45

4. Competitions

IOF World Cup race middle distance (Oct 4)

Format	Middle distance, individual start, winning times 35' men and women.
Map	Orienteering map (ISOM 2000), 8/2008, scale 1:10'000, 5 m contours.
Terrain	Wangenerwald (see also attached old map): Swiss midland terrain, between 470 and 520 m above sea level. Comparable terrain: Hardwald (training map).

Forms	Mainly flat to moderately hilly, few contour features.
Vegetation	Mixed forest of pine, spruce, beech- and ash-tree; changing from parts with undergrowth or thick vegetation (black-berries) to nearly no vegetation on the ground.
Runability	Mostly moderate, some parts fairly good, some parts very bad.
Visibility	Fairly good to very good.
Roads	Many forest roads and trails.
Pre start	Model map in pre start area.
Start	14 km from Event Centre, scheduled bus transportation for athletes and team officials.
Finish	13 km from Event Centre.

IOF World Cup race sprint – PostFinance Sprint (Oct 5)

Format	Park sprint, individual start, winning times 12' men and women.
Map	Orienteering map (ISSOM 2007), 8/2008, scale 1:4'000, 2 m contours.
Terrain	University campus Zurich Irchel with park (has never been mapped and used for orienteering before): park with buildings, ponds, open areas and small woods, between 470 and 510 m above sea level. Comparable terrain: Opfikon (training map)
Forms	Smooth slope from east to west with some variable land forms (hills, depressions, terraces).
Traffic	Extended pedestrian area, no motorized traffic, some bikers, many spectators.
Prestart	Model map in pre start area.
Start/Finish	Arena, 200 m from Event Centre.

5. Courses (preliminary)

IOF World Cup race middle distance (Oct 4)

Men	7 km, 250 m ↗, 1 ↘, winning time 35'
Women	6 km, 200 m ↗, 1 ↘, winning time 35'

Course planning by Bruno Steinegger

IOF World Cup race sprint – PostFinance Sprint (Oct 5)

Men	3.0 km, 75 m ↗, winning time 12'
Women	2.7 km, 65 m ↗, winning time 12'

Course planning by Urs Steiner

6. Training

Middle distance: Hardwald, orienteering map 2008, 1:10'000, 5 m contours, 8 km from Event Centre.

Sprint distance: Opfikon, orienteering map 2008, 1:4'000, 2 m contours, 7 km from Event Centre.

Maps are available at the Event Centre.

7. Embargoed Areas

The competition areas Wangenerwald (middle distance) and Zurich Irchel Park (sprint distance) are embargoed areas. For competitors, team officials and others who, through the knowledge of the terrain, may influence the results of the competitions, it is prohibited to enter the embargoed areas.

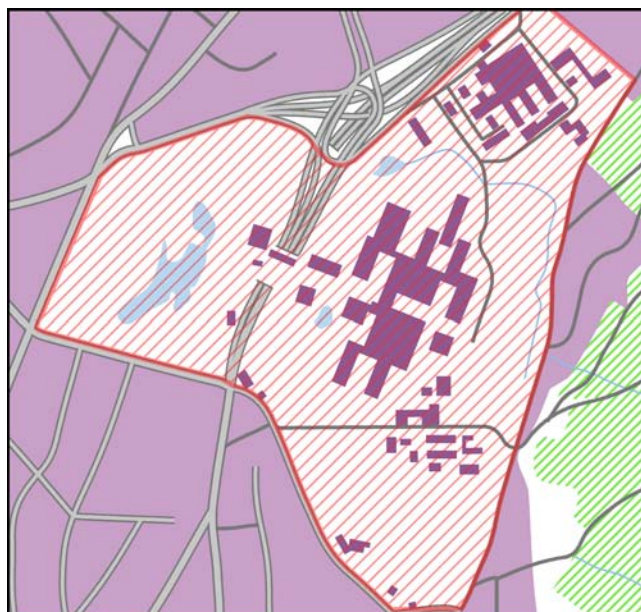
These embargoes are valid until the day prior the competition. Special rules by the organiser will be valid at the days of competition.



Map 2: Embargoed area Wangenerwald

Special rule for embargoed area Zurich Irchel Park:

- It is allowed to visit the park as a student, as a worker or as a tourist (sightseeing, going to restaurant, shopping, indoor-sports).
- It is prohibited to visit the park with a map, to run, to jog, take part in other running or orienteering competitions, to orienteer through the embargoed area or to test route choices.
- This embargo is valid until the day before the competition. At the day of the competition there will be special directive (bulletin 4) regarding the access to the competition area.



Map 3: Embargoed area Zurich Irchel Park

8. Competition Rules

The [Competition Rules](#) for IOF Foot Orienteering Events, valid as of January 1, 2007 apply.

Participation restrictions, classes and qualification mode according to the [Special Rules](#) for the 2008 World Cup in Orienteering.

9. Punching System

The punching system used is SPORTident.
Athletes may use their own SI-Cards.



10. Entry

Initial entry date:

The following information shall be [sent](#) to the organiser:

- Number of competitors (men and women)
- Number of team officials (men and women), max. 4 pers.
- Number of banquet tickets
- Team manager: Name, address, phone, fax, e-mail

Please use the official [Entry Form E1](#).

Deadline: July 31, 2008

Nominal entry date:

The nominal entry has then to be done no later than September 9, 2008 by [sending](#) the following information:

- All competitors and team officials: family name, first name, nation, sex, year of birth, IOF ranking ID, SI-Card no.
- IOF officials: family name, first name, address, IOF function.

Note, that nominal entries can only be accepted if an initial entry was done in time by the federation!

Please use the official [Entry Form E2](#).

Deadline: September 9, 2008

Entry fees

Competitors	CHF	80.—
Team officials	CHF	40.—

This includes:

- Start and result lists
- Training maps, new competition maps
- Free parking at the competition arenas
- For competitors: Participation in IOF World Cup race 12 and IOF World Cup race 13 (if qualified).
- For team officials: transport to/from prestart area (Oct 4)
- For IOF officials: invitation to the guest hospitality program

Banquet	CHF	50.—
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Free of charge offer

To the individual Orienteering World Champions 2008 and to the male and female leading athlete of IOF World Cup 2008 (after World Cup Race 11, 8 scores out of 11) we offer free of charge entry.

The offer includes:

- Participations: "Youngsters meet World Champions", 2 IOF World Cup races, VIP hospitality program, banquet.
- Hotel: 2 nights, half-board.

Payment

Entry fees and banquet tickets have to be paid before September 15, 2008.

Please note that it is the applicants' duty to add possible bank charges to the payments. Thanks.

Payment Deadline for entry fee: September 15, 2008

Please note, that we will (with permission from IOF and SEA) add a fee of CHF 40.- to each competitor and official for late payment!

Bank	PostFinance, Nordring 8 CH-3003 Bern, Switzerland
Account Nr.	87-717328-8
IBAN	CH75 0900 0000 8771 7328 8
SWIFT Code	POFICHBEXXX
Clearing Nr.	09000
To the credit of	Swiss Cup, CH-8620 Wetzikon

11. Accommodation

There is a wide range of hotels and low cost accommodation available in Zurich. Please book accommodation directly through "Zurich Tourismus" and early in advance:

Hotel reservations:

Tel.:	+41 44 215 40 40
Fax :	+41 44 215 40 44
E-Mail:	hotel@zuerich.com
Homepage:	Zürich Tourismus

If you need assistance please contact Event Secretariat.

12. Prize Money

A total prize money of CHF 10'000.- will be awarded from the organizer to the best men and women in two competitions:

IOF World Cup race middle distance (Oct 4)

1 st place:	CHF 750.—	4 th place:	CHF 200.—
2 nd place:	CHF 500.—	5 th place:	CHF 150.—
3 rd place:	CHF 300.—	6 th place:	CHF 100.—

IOF World Cup race sprint – PostFinance Sprint (Oct 5)

1 st place:	CHF 1'000.—	4 th place:	CHF 300.—
2 nd place:	CHF 800.—	5 th place:	CHF 200.—
3 rd place:	CHF 600.—	6 th place:	CHF 100.—

A total prize money of EUR 7'000.- will be awarded from the IOF to the best men and woman in the World Cup overall ranking 2008:

IOF World Cup overall ranking 2008

1 st place:	EUR 1'200.—	4 th place:	EUR 400.—
2 nd place:	EUR 800.—	5 th place:	EUR 300.—
3 rd place:	EUR 600.—	6 th place:	EUR 200.—

13. Clothing

According to the Swiss Orienteering Competition Rule (WO Art. 54(2)(c)) it is forbidden to run with spike shoes in Switzerland. However dobb spikes and common orienteering shoes are allowed. Otherwise, there are no regulations on clothing, but it is recommended to cover arms and legs to avoid tick bites. Ticks might transmit Boreliosis and Meningo-Encephalitis.

14. Anti Doping

Doping is forbidden. "think positive – test negative"!

[IOF Anti-Doping Rules 2008](#) apply, valid as of January 1, 2008. The Swiss Orienteering Anti-Doping Rules are harmonised with the Anti-Doping Rules and procedures of Swiss Olympic Association and apply as well.

Both, the IOF and/or the Swiss Olympic Association can order doping tests at any time during the stay of the participants of PostFinance Sprint 2008 in Switzerland.

By signature (upon arrival) the athletes and coaches accept that they are subject to sanctions in the event of any doping offence.

15. Weather and Climate

Zurich is enjoying a mild and rather dry climate in October. Average temperatures: day 16° C, night 10° C.

16. Visa Permits

The prerequisite for immigration into Switzerland is a valid passport. For immigrants from certain [countries](#) visa or further documents are required.

17. Insurance

The organisers decline any liability that might occur through participation in IOF World Cup races and Post Finance Sprint 2008. Each person participating is responsible for his/her own insurance coverage (illness and accident).



18. Media Services

We welcome all media representatives as our partners to bring out the thrilling events of PostFinance Sprint 2008 to a broad public.

The Media Centre is in the University campus "Irchel" in Zurich at the Event Centre.

For media accreditation please contact:
Brigitte Wolf, Media Director PostFinance Sprint
Tel +41 27 927 1433
Fax +41 27 927 1433
media@postfinancesprint.ch



19. Information

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Bulletin 3 will be published until September 15, 2008.

Final details will be released in Bulletin 4 upon arrival at the Event Centre in Zurich.

See you soon!

The Organising Committee and Swiss Orienteering are pleased to welcome all orienteering friends to another spectacular orienteering event in Switzerland!

Brigitte Grüniger
Event director PostFinance Sprint

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